

MBC SCHOOL OF ESTHETICS

NAIL TECHNOLOGY COURSE OUTLINE

Course Description:

| | Theory | Practical | Total |
|--------------------------|----------|-----------|----------|
| Part 1 - Orientation | 5 hrs. | 2 hrs. | 7 hrs. |
| Part 2 - Sciences | 71 hrs. | 39 hrs. | 110 hrs. |
| Part 3 - Nail Care | 48 hrs. | 72 hrs. | 120 hrs. |
| Part 4 - Business Skills | 13 hrs. | 0 hrs. | 13 hrs. |
| Total Hours | 137 hrs. | 113 hrs. | 250 hrs. |

(8 Weeks of Instruction)

**DIPLOMA AWARDED UPON SUCCESSFUL COMPLETION
EVALUATION BY TESTING (WRITTEN & PRACTICAL) AND ASSIGNMENTS
PASS 70% IN ALL SUBJECT AREAS**

METHOD OF EVALUATION

Students are tested regularly throughout the program in all subject areas. Pass for all tests/exams and assignments is 70%.

Final marks: tests and exams average 50% for theory + 50% for practical. Minimum 250 hours overall attendance required for graduation with a diploma.

CURRICULUM FOR NAIL TECHNOLOGY COURSE

Course Description: NAIL TECHNOLOGY

Course Hours: 250

Course Content:

Part 1 - Orientation

1. History of Cosmetology

- *Career Path for a Nail Technician*

Objective: Understand the history & advancements over the centuries & the career opportunities open to the nail technician

2. Principles to Personal & Professional Success & Life Skills

Objective: Goal setting & time self management

The importance of good ethics & a healthy, positive attitude

3. Professional Image

Objective: Understand professional & personal hygiene in the profession

Use methods to achieve health & well-being

4. Communication Skills

- *To practice good communication & conduct successful client consultations*

Objective: To build good lines of communication with both co-workers, management & clients

Part 2 - Sciences

1. Infection Control

Objective: Understand health regulation for the nail technician

Know types & classification of bacteria

Know disinfectants & how to safely clean & disinfect the salon tools & equipment

Understand cleaning, disinfection & sterilization as a salon professional

2. General Anatomy & Physiology

Objective: Study the call, tissues & organs
Basic functions of our body systems & the importance of this study to our Profession

3. Skin Structure & Growth

Objective: Understand the structure & composition of the skin & its functions
To be able to describe the aging process & the factors that influence them
Understand skin disorder terminology & which ones can be handled in the salon & which ones should be referred to a physician

4. Nail Structure & Growth

Objective: Study in depth nail anatomy & the growth

5. Nail Diseases & Disorders

Objective: Know various nail disorders & diseases including nail irregularities
This allows the nail technician to recognize diseases of the nails that should not be treated in the salon & prevent cross contamination

6. Basic Chemistry

Objective: To use professional products safely & effectively, you must have a basic *understanding of an overview of chemistry*

7. Nail Product Chemistry

Objective: To understand the basic chemistry of your salon products including adhesions, nail coatings & the chemistry related to artificial nail applications

8. Basic Electricity

Objective: The Nail Technician uses electricity daily in her practice, therefore understanding the nature of electricity & currents
This will ensure the safe use of their electrical equipment

Part 3 – Nail Care

1. Manicuring & Pedicuring

- a. tools
- b. nail shapes
- c. procedures
- d. men's treatments
- e. specialize treatments such as paraffin & aromatherapy
- f. effective massage technique

Objective: Know how to identify & use nail implements & tools safely & effectively
To successfully perform all aspects to a manicure & pedicure including Spa like treatments

2. Electric Filing

- a. choosing & using an electric file

Objective: Using the electric file safely & effectively

3. Nail Tips, Wraps, Acrylic Nail Enhancements, No-Light Gels, & V.V. Gels

Objective: Knowledge of supplies & proper procedures & precautions to the application & removal of artificial nails & repairs

4. Creative Side to Nail Technology

Objective: Introduce nail art including suppliers & equipment

Part 4 – Business Skills

Objective: Understanding your licensing,
Preparing for your employment & successful career as a Nail Technician
Whmis & health & safety
Seeking employment